



# Madison Inferno Volleyball Club

## Athlete Expectations & Code of Conduct



As a member of Madison Inferno Volleyball Club I am expected to conduct myself in a positive manner that demonstrates good sportsmanship and a respect for others at all times. It is essential that I support my fellow teammates, coaches, Club employees, officials, parents/spectators, and opposing teams.

I am representing Madison Inferno Volleyball Club. Their standards are extremely high. I am expected to maintain those extremely high standards. That is a significant responsibility. I agree to abide by the below conduct by reading it carefully and signing at the end.

I agree to the following Athlete Expectations and Code of Conduct:

- I understand that respect, honesty and high integrity are all required on and off the court.
- I will display excellent sportsmanship. I will be gracious and humble in victory. I will be respectful in defeat. I will always thank the officials for their hard work. I will never trash talk to anyone. I will thank my parents/spectators for coming to watch me practice/compete. I will thank my coaches for helping me become a better athlete/person. This is always my top priority.
- I will respect my fellow teammates and coaches, and support them at all times.
- I will respect all officials, opposing athletes and coaches, and spectators
- I will only use appropriate language. Swearing is never acceptable.
- I will let the coaches do the coaching.
- I will follow all rules as stated in USA Volleyball Safe Sport code of conduct.
- I will abide by, and accept gracefully, the decisions of officials, no matter which team those decisions may favor.
- I will demonstrate appreciation for and applaud good play and never make derogatory remarks about officials, coaches or the athletes of any team.
- I will respect and care for the facilities in which practices and competitions are being held. I will assist with any setup and take down as necessary. I will be an excellent caretaker of the facility while I'm there and make sure you leave it in better shape than when I arrived.
- I will adhere to a professional dress code appropriate to the event.
- I will not use alcohol, marijuana or illegal drugs.
- I will not smoke cigarettes or e-cigarettes. I understand that Madison Inferno Volleyball Club is a smoke-free environment.



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- I will not engage in hazing, initiations nor bullying. I understand they are illegal and will not be tolerated in any form.
- I will not engage in negative or passive aggressive social media posts. This includes belittling, bullying, denigrating comments, inappropriate photographs or impersonations on social media.
- I understand that anything I choose to post on social media still represents our Club. I will adhere to all of these codes of conduct with regard to anything I choose to post of social media.
- I realize that when off the court, especially when wearing Club clothing, I am a representative of Madison Inferno Volleyball. I will maintain their high standard of excellence at all times.
- I will prioritize and attend practices. I will be on time. I will limit my excused absences. I will NOT have unexcused absences. I am expected to be dressed and ready to practice at least 5 minutes before the start of practice.
- I will communicate effectively with my coach if I need to miss a practice or a competition. I realize coaches write up practice plans well in advance of practice and it requires they know the number of athletes attending practice. I will give as much notice as possible, ideally more than a week, for any absence I might have so coaches can plan accordingly.
- I understand that athletes are expected to earn their success and not look for short cuts. As a team we will do the small things well and focus on the details of our fundamental skills.
- I am responsible for any and all team issued equipment and apparel. I understand appropriate apparel will be worn to all games and matches (including shorts). I will bring all jerseys to every event in case we change jerseys for whatever reason. We will wear matching apparel as a team.
- I will have focused attention and effort for the entire training session. I will listen with positive intent to learn. When a coach is explaining a drill or discussing game strategy, I will be attentive and display this through my body language. I understand that one individual can disrupt the entire team. I will not be disruptive.
- I will maintain strong, confident body language and control their emotions/reactions even when others do not.
- I understand that if I'm on suspension from school I will not be allowed to participate in practices or competitions. I am still required to attend practice and help out by shagging balls, etc. I will continue learning plays and offensive /defensive sets.



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- I will maintain a minimum of a 2.0 GPA and understand that participation in Madison Inferno VBC is a privilege and not a right. I am a student first and volleyball athlete second. I understand that if my grades are suffering, I might have to miss a practice to focus on my school work. My coaches understand and respect the importance of education and will do what they can to help. I do not want to let my teammates down and miss any practices and/or competitions. It's my responsibility to maintain my GPA and maintain my eligibility to play.

I understand that if I do not maintain the standards set forth in the above Code of Conduct I will be held accountable for my actions. This will include losing the ability to practice and/or compete in scrimmages or tournaments. I have read and understand the above Expectations and Code of Conduct, and I agree to abide by its contents.

Athlete's Name (Print): \_\_\_\_\_ Date: \_\_\_\_\_

Athlete's Signature: \_\_\_\_\_

*Sign 2 copies. One will go to the Club. The other will go to the athlete.*

INFERNO  
VOLLEYBALL